Frodsham

Festival of Walks

Saturday 22 April - Monday 1 May 2017









Find us on

Frodsham Town Council

For town centre starting points map, please see the back page

1 Saturday 22 April
Chester by Longster

Tony Hinkins
Meeting at Helsby Post Office, Chester Road 9.30am
An all day 13 mile walk to Chester by the Longster Trail via Helsby Hill, Alvanley, Great Barrow and Guilden Sutton. Return by bus. Stout footwear, packed lunch and bus fare required.

SJ488755 WA6 0AB

2 Saturday 22 April
Morning Marshes Bird Walk

Bill Morton
Meeting at motorway bridge, Brook Furlong Lane (off Marsh Lane) 10am
A 3-4 mile morning walk with relaxed informal observation of summer migrant birds. No dogs please.

SJ511779 WA6 7BT

3 Saturday 22 April
Kemp's Castle Park

Kath Gee, Sheila Holroyd & Barbara Moth
Meeting at the main entrance to Castle Park House 2pm
A gentle 1½ mile, 2 hour walk focusing on the heritage features of park design to celebrate the bicentenary of Edward Kemp's birth.

SJ514775 WA6 6SB

4 Sunday 23 April
Alvanley Treasure Trail

Steve Allen (self-guided)
Meeting at Alvanley Village Hall, Churchway, Alvanley (off Manley Road) 2pm
A new 2 mile family walk on country lanes, fields and woodland trails in the Alvanley area. Solve clues and collect natural treasures as you walk. Return to the Village Hall for refreshments (small charge) and to check your detection skills. Not suitable for buggies.

SJ497741 WA6 9BZ

5 Sunday 23 April
Frodsham Thro' the Lens

John Hughes
Meeting at Walled Garden, Castle Park 2.30pm
An amiable 1½ hour stroll through Castle Park, past the Medical Centre, into Eddisbury Square, down Church Street and Main Street and back to the park. Bring your camera, any kind. We will be accompanied by members of Frodsham Photographic Society for help and advice. Fine to bring your dog, on a short lead, particularly if it's photogenic.

SJ514775 WA6 6SB

6 Monday 24 April
Delamere Delights

2+

Joyce Porter
Meeting at Barnsbridge car park, Ashton Road, Delamere Forest 10am
A circular all day moderate walk of about 10 miles exploring Delamere Forest and taking in Manley Common, Blakemere Moss, Pale Heights and Nettleford Wood. Stout footwear and packed lunch required. No dogs please.

SJ542716

7 Monday 24 April
Snickets of Frodsham

Kathleen Povall
Meeting at Castle Park car park 6.30pm
Frodsham has lots of snickets (delightful pathways making a walk calmer and quieter than by the roadside) so join us on this gentle 3½ mile, 2 hour evening stroll using many of them – you may even discover one previously unknown to you! Dogs on short leads please.

SJ514775 WA6 6SB

8 Tuesday 25 April

Paws & Claws Dog Walk

Cllr Mallie Poulton

Meeting at Paws & Claws pet shop, Frodsham Station 10am

A gentle 2 hour stroll for dogs and owners (maximum 2 dogs per owner) around Frodsham, passing through Castle Park for a water break, returning to Paws & Claws for treats and light refreshments.

Sponsored by Paws & Claws

SJ518779 WA6 7DJ

9 Tuesday 25 April

Hills and Mosses around Burwardsley



Barbara Penlington

Meeting at Candle Workshop, Burwardsley 10am

This all day 11 mile moderate walk will take us over Willow Hill, Rawhead and Bulkeley Hill in the morning. The afternoon will be spent walking around Peckforton and Beeston Mosses. Wear stout footwear and bring a packed lunch. Dogs on short leads welcome.

SJ522565 CH3 9PF

10 Wednesday 26 April

Buggy Push

Pat Hinkins

Meeting at Netherton Hall car park 10am

A gentle 2 mile, 1½ hour walk along country lanes to Helsby and back, including a visit to Hatley Farm. For mums, dads and grandparents with children who enjoy their buggies.

SJ512770 WA6 6UL

11 Wednesday 26 April

Health Walk

Lesley Mitchell

Meeting at Frodsham Community Centre, Fluin Lane 10.30am

A gentle 1½ hour, 3 mile guided walk for anyone wishing to improve their fitness. Ideal for all, including families, the young and the young at heart.

SJ522779 WA6 7QN

12 Wednesday 26 April

Evening Marshes Bird Walk

Bill Morton

Meeting at motorway bridge, Brook Furlong Lane (off Marsh Lane) 6.30pm

A 3-4 mile evening walk with relaxed informal observation of summer migrant birds. No dogs please.

SJ511779 WA6 7BT

13 Thursday 27 April

Nordic Walking Taster Sessions

Elizabeth Kerley

Meeting at Castle Park car park 10am & 11am

A 45 minute session that will help you understand the benefits of Nordic walking – it's more than just walking with poles! Get a taste of how light you will feel on your feet, how the whole body is mobilised and why you need to take the time to learn the technique. Poles are provided. Flexible soled trainers or walking boots are ideal: avoid solid heavy walking boots. Not suitable for dogs.

Places limited to 10 a session, so booking essential at www.kerleysnordicwalking.co.uk or 07803 037 332.

SJ514775 WA6 6SB

14 Thursday 27 April

Exploring Hope Mountain



Peter Webley

Meeting at Caergwrle High Street free car park 10am

A moderate all day, 8-9 mile walk with 1200 ft ascent around Hope Mountain, Waun y Llyn Country Park and Hope. Optional extension to Caergwrle Castle. Stout footwear and packed lunch needed. No dogs please.

SJ305574 LL12 9EU

15 Thursday 27 April

Urchin's Kitchen to Kelsborrow

Peter Winn, The Sandstone Ridge Trust
Meeting at The King's Gate, free car park, Waste Lane, Kelsall 10.30am

A 4 mile, 2 hour easy walk through woodland and country lanes with extensive views. It includes an atmospheric feature from the Ice Age, the site of the Elizabethan Whistlebitch healing-well, evidence of German PoW activity, and the remains of an Iron Age hillfort. No stiles, quiet lanes and easy tracks but may be muddy. Dogs on short leads welcome.

SJ536678 CW6 0PE

16 Thursday 27 April

Vets Helsby Dog Walk

Vicky Fraser
Meeting at Vets Helsby, 230 Chester Road, Helsby 6.15pm

A 1½ hour flat walk on footpaths around Helsby Marsh. Maximum 2 dogs per person. Light refreshments after the walk back at the surgery.
Sponsored by Vets Helsby.

SJ490757 WA6 0PW

17 Friday 28 April

Pub Lunch at Leigh Arms

Anne Shaw
Meeting at Leigh Arms, Acton Bridge 10am

A figure of eight walk consisting of 2 sections of about 4 miles each with lunch at the Leigh Arms in between. Join in for one or both sections. Stout shoes required. No dogs please.

SJ601761 CW8 4QT

18 Friday 28 April

Delamere's Lost Mosses

Katie Piercy, Delamere Mossland Officer
Meeting at Barnsbridge car park, Ashton Road, Delamere Forest 2pm

Come and join the Cheshire Wildlife Trust to discover Delamere's magical mosslands. Over 15,000 years old these amazing sites are nationally important for wildlife and shelter all kinds of fascinating creatures. The walk will last around 2 hours and will take place largely along gravel tracks, with some stages on rougher terrain. Good walking boots are essential and walking sticks advised. Well behaved dogs are welcome.
Adults £5, Children £3.

SJ542716

19 Saturday 29 April

Historical Ince

Sue Lorimer & David George
Meeting outside the Duke of Wellington Inn 10am

A gentle 1½ mile, 2 hour walk round the ancient Manor of Ince, including a visit to the Parish Church and graveyard. The walk is mainly on roads which may be muddy in places. Meals are available at the Inn afterwards (0150 356 0222).

SJ450765 CH2 4NR

20 Saturday 29 April

Weaver, Woodlands and Bluebells

Sue Kellett
Meeting at Stone Bridge, Frodsham 10am

An all day, 12 mile walk in the locality of the Weaver, meandering through and close by several ancient woodlands carpeted with bluebells and other spring flowers. Some steps and inclines. Stout footwear and a packed lunch needed. No dogs please.

SJ529784 WA6 7JY

21 Saturday 29 April

Family Xplorer Challenge

Michelle Shuker (self-guided)
Meeting at Espositos Deli,
Runcorn Hill Park, Highlands Road, Runcorn
Arrive between 1pm & 2pm

Explore the recently refurbished Runcorn Hill Park and find the markers along the way. Approximately 1-2 miles depending on which course you complete. Suitable for pushchairs. Toilets and refreshments available in the Deli.

SJ508816 WA7 4PX

22 Sunday 30 April

First Steps to Navigation

Jak Radice, Map & Compass
Meeting at Forest Hills Hotel car park, Overton Hill, Frodsham 10.30am

Learn how to navigate using a map and compass while exploring Snidley Moor and the Sandstone Trail on a 4-5 mile walk. The walk is for beginners to navigation, no prior experience is needed. By the end of the day you will feel comfortable using a map to plan short routes and identify features on the ground, using a compass to check your direction of travel. Wear appropriate clothing including walking boots. Bring waterproofs, water and lunch.

Limited spaces. Booking through Frodsham Town Council essential.

Sponsored by Saltscape.

SJ518768 WA6 6HH

23 Sunday 30 April

Norley: A Tale of Two Manors

Kath Gee & Sue Lorimer
Meeting at St John's Church car park, Norley Road, Norley 2pm

A gentle 2 mile, 2 hour walk along country lanes to focus on the estates of Norley Hall and Norley Bank and their social histories.

SJ561728 WA6 8NE

24 Monday 1 May

Grand Finale: Overton's Heritage

Kath Gee & Caroline Ashton
Meeting at St Laurence Church car park 3pm

A gentle 1½ mile 2 hour walk taking in the Mersey Estuary view, local geology and woodland and the historic heart of Overton with the option of an end of festival meal at The Bull's Head. Dogs on short leads welcome.

SJ521773 WA6 6AD

If you are not sure if a walk is for you, or would like further information, please contact Liz at Frodsham Town Council 01928 735150
Out of office hours 07707 363715 Email council@frodsham.gov.uk

FB.com/FrodshamFestivalOfWalks

Car sharing may be available
Contact us to offer or request a lift

—Frodsham—
Festival of Walks

Town Centre Starting Points



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INJURIES / LOSS OF PROPERTY

Please note that Frodsham Town Council does not accept any responsibility for personal injury or loss of property when attending any of our walks or functions. Individuals must take out their own insurance if they consider it necessary.

Correct footwear should be worn and dogs should be kept on a lead in areas of sheep or cattle. Guide dogs - please check for suitability.

Photo © Sue Kellett and watercolours © John Graven

Frodsham Town Council

Further information on bus and rail services is available from Cheshire Traveline on 0871 200 2233