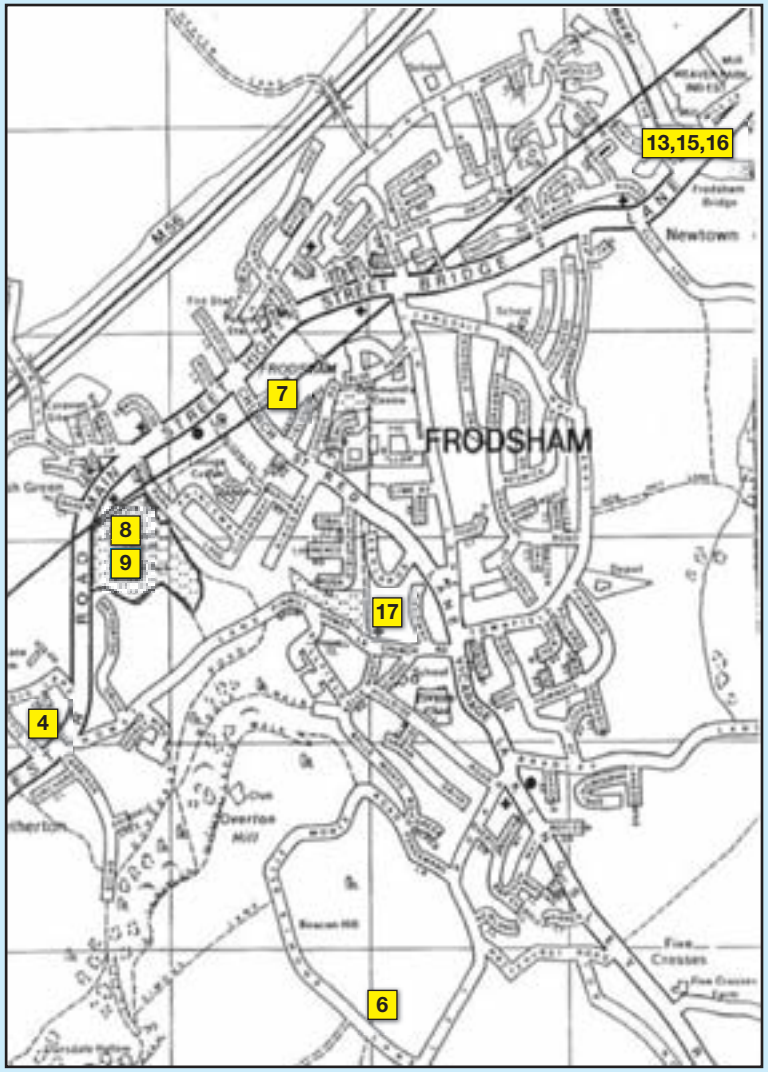
Frodsham
Festival Of Walks

Starting Points



INJURIES / LOSS OF PROPERTY

Please note that Frodsham Town Council does not accept any responsibility for personal injury or loss of property when attending any of our walks or functions. If it is thought necessary, individuals should take out their own insurance.

Correct footwear should be worn and dogs should be kept on a lead in areas of sheep / cattle. Guide dogs, please check for suitability.

Frodsham Town Council

Off Map Locations
Car sharing may be available on request

1 Barnsbridge Gates Car Park
Head for Delamere Forest on B5152. At Hatchmere crossroads turn right into Ashton Road. Car park is 1 mile on left
Grid Ref: SJ542716

2 Railway Inn, Helsby
Chester Road (A56)

3 Wigg Island Visitor Centre
Wigg Island Car Park, Astmoor Rd, Runcorn WA7 1PU

5 Foxhill
From Frodsham enter via the Lodge off Tarvin Road & turn immediately right. WA6 6XB
Grid Ref: SJ504754

10 Bickerton
Follow signs for Beeston on A49, turn right onto A534 following signs for Bickerton. Past the Church, join Goldford Lane. As you near farm, take right hand track and follow to car park
Grid Ref: SJ503530

11 Moel Arthur Car Park
From Mold take A541 north. After passing 'The Oak' and 100 yards after a turning to Cilcain, turn left into a narrow lane with a white gate on the corner. Follow this for 1½ miles to its highest point.
Grid Ref: SJ146658

12 Sutton Fields Car Park
Access lane to farm off A56, by railway bridge in Sutton Weaver. Park next to golf driving range

14 Gowy Meadows Nature Reserve
Park in lay-by next to Thornton le Moors Church CH2 4JH
Grid Ref: SJ441746

Further information on bus and rail services, is available from Cheshire Traveline on 0871 200 2233

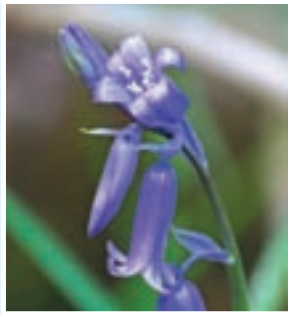
Frodsham
Festival Of Walks

Saturday 27 April - Monday 6 May 2013









Frodsham Town Council











For starting point locations please see the back page

1 SATURDAY 27 APRIL
Sandstone Trail: Coming Back 3
Tony Hinkins – 9.30am
Meet: Barnsbridge Gates Car Park, Delamere
An all day walk from Beeston to Delamere Forest. Minibus to The Shady Oak public house and walk back. Stout footwear, packed lunch and bus fare (£4) required. Booking essential.

2 SUNDAY 28 APRIL
Marshes West
Mike Culverhouse & Sue Lorimer – 10am
Meet: Railway Inn, Lower Rake Lane, Helsby
A 4 mile (approx 2hr) walk across Helsby Marsh, a wild area which is set to change dramatically through two major developments. Level, but can be wet and muddy. A repeat of last year's rain-affected walk.

3 SUNDAY 28 APRIL
Tour of Wigg Island / Mersey Gateway Project
Paul Oldfield, Biodiversity Officer – 2pm
Meet: Wigg Island Visitor Centre, Runcorn
A 3 mile (2hr) walk around the nature reserve looking at wildlife including Longhorn cows as part of the long term project and points of interest such as the new bridge site. Refreshments available for purchase.

4 MONDAY 29 APRIL
Buggy Push
Pat Hinkins – 10am
Meet: Netherton Hall Car Park
A gentle 2 mile (1½ hr) walk along country lanes to Helsby & back, including a visit to Hatley Farm. For mums, dads and grandparents with children who enjoy their buggies.

5 MONDAY 29 APRIL
Landscapes & Viewpoints at Foxhill
Barbara Moth, Cheshire Gardens' Trust & Kath Gee – 2pm
Meeting at Fox Hill Lower Car Park
A 2½ hour event including a 2½ mile walk through the gardens, arboretum & woodlands taking in landscape features. Some steep paths & uneven steps. Stout footwear plus change of footwear for Foxhill House – charge £5 inclusive of refreshments at the end. Booking essential – limited places. No dogs please.

6 TUESDAY 30 APRIL
Pub Lunch
Anne Shaw – 10am
Meet: Simon's Lane Car Park
A 7 mile walk along an undulating part of the Sandstone Trail, stopping mid-way for lunch at the White Lion in Alvanley. Stout shoes and no dogs please.

7 TUESDAY 30 APRIL
Blue Plaque Walk
Kath Gee & Graham Bondi – 6.30pm
Meet: Station Car Park
A 1½ mile (2hr) circular walk around the commercial core of Frodsham to identify & consider the importance of our 27 'blue plaque buildings'. Mainly paths with some steps. No dogs please.

8 WEDNESDAY 1 MAY
Health Walk
Kathleen Povall – 10.30am
Meet: Castle Park House
A short (1 hr) gentle, guided walk for anyone wishing to improve their fitness with a circular route starting at Castle Park. Ideal for all, including families, disabled people, young and the young at heart.

9 WEDNESDAY 1 MAY
Plant Folklore in Castle Park
Steff Hefferan – 2pm
Meet: Castle Park House
A short 1½ hr walk around Castle Park with our local Ranger learning about the folklore of the plants in the Park.

10 THURSDAY 2 MAY
Hillforts Walk
Ellie Morris – 10.30am
Meet: Pool Lane National Trust Car Park, Bickerton
A 3 mile (2½ hr) circular walk around Maiden Castle and Bickerton Hills, finding out about the work Habitats & Hillforts have been doing with the National Trust. Dogs must be kept on a lead.

11 THURSDAY 2 MAY
Our Other Mountain
David George – 10am
Meet: Moel Arthur Car Park
An all day walk round Moel Arthur, the other peak clearly identifiable from Frodsham on the western horizon. Wide mountain views & a spectacular hillfort. Stout footwear & packed lunch required.

12 FRIDAY 3 MAY
Two for Tea
Graham Bondi – 10.15am
Meet: Sutton Fields Driving Range Car Park
An 11 mile (6hr) walk in the Weaver Valley, concentrating on the northern side taking in a tea room at start/finish and one en-route. An excellent waterside route with beautiful views. Mainly level with some stiles. Stout boots, refreshments and money for light lunch required.

13 SATURDAY 4 MAY
Weaver Valley Walk
Sue Kellett – 10am
Meet: Frodsham Stone Bridge
A 10½ mile (6hr) walk to Dutton Locks via Aston, returning with a detour to Warburton's & Hunter's Woods. Stout footwear, packed lunch & drink required. No dogs please.

14 SATURDAY 4 MAY
Wetland Wildlife
Richard Gardner, Cheshire Wildlife Trust – 9.30am
Meet: Gowy Meadows Nature Reserve
A 3 mile (2-3 hr) walk around the Gowy Meadows wetland nature reserve that sits in the shadow of the Stanlow Oil Refinery. An ancient field pattern is interspersed with a network of ditches which support a rich variety of wildlife. Suggested donation of £2 towards the work of the Trust. No dogs please.

15 SUNDAY 5 MAY
Pond Trail Discovery
Peter Webley – 2pm
Meet: Frodsham Stone Bridge
Approx 5 mile (3 hr) walk around the Frodsham Pond Trail on ancient tracks & field paths, passing by 8 ponds. Stout boots & could be muddy. Dogs to be on a lead as may pass farm animals.

16 MONDAY 6 MAY
Dawn Chorus
Brian Webber – 6am
Meet: Bridge Lane, opposite Frodsham Watersports, next to the Stone Bridge
A 3 mile (2 hr) walk through various habitats (riverside, woodland, farmland and hedgerows) concentrating on bird song. No dogs please.

17 MONDAY 6 MAY
Geology around Town
Ian Drew, Manchester Met Uni & Kath Gee – 2pm
Meet: St Laurence Church Car Park
A 2½ mile (2 hr) circular walk around Frodsham investigating building & ornamental stones & rock features – providing an insight into local geology & history of the Earth. Mainly footpaths with some steps. No dogs please.



IF YOU ARE NOT SURE IF A WALK IS FOR YOU, OR FOR FURTHER DETAILS, PLEASE CONTACT
ANNE AT FRODSHAM TOWN COUNCIL 01928 735150 Out of office hours 07505 576 599 Email council@frodsham.gov.uk