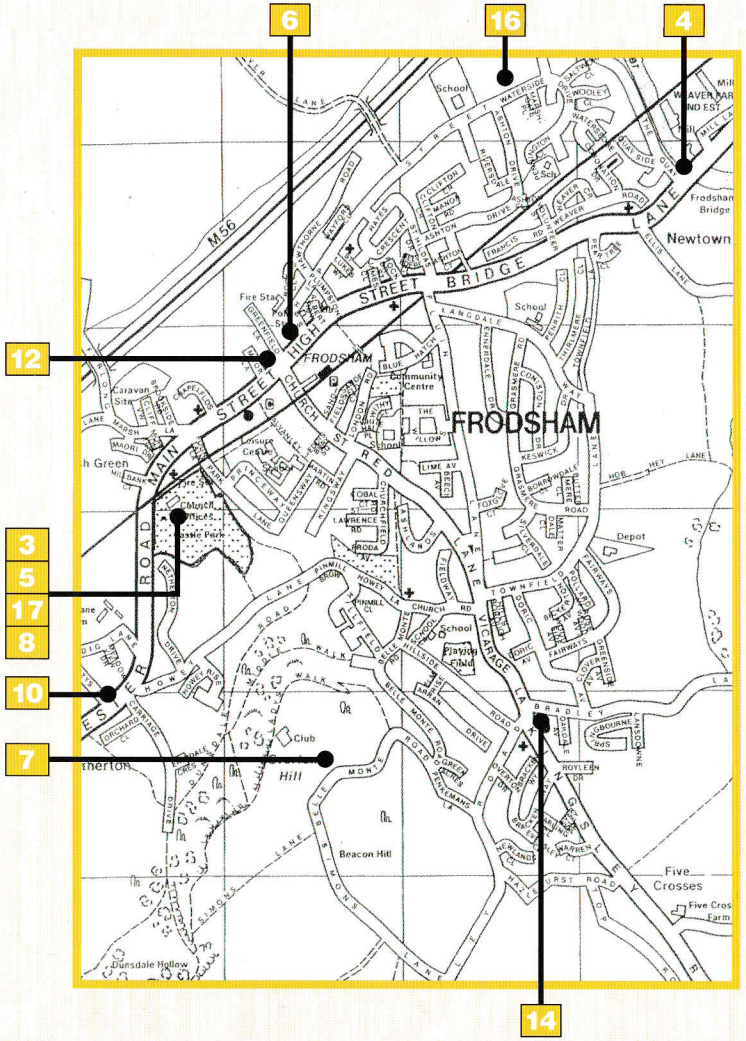
Frodsham
Festival Of Walks

Starting Points



Off Map Locations

1
Chester Railway Station
City Road, Chester
(NCP Car Parking - £4 per day)

2
Robin Hood Car Park
A56 Helsby
Off Lower Robin Hood Lane

9
Sutton Fields Driving Range Car Park
Access lane to farm off A56 in Sutton Weaver. Park next to driving range.

11
Moore Nature Reserve Entrance
Take the A56 towards Warrington and turn left at the traffic lights near the Walton Arms pub (signposted Moore). In about ½ mile turn right (signposted Moore Nature Reserve). After crossing the Manchester Ship Canal turn right at the crossroads and park on the right.

13
Manley Common
Leave Frodsham on the Manley Road and turn left at the crossroads just before Manley. In about ¼ mile park near the post box beside the common.

15
Shady Oak, Tiverton
Take the A49 south and about ¼ mile before Beeston Railway Bridge turn right into Huxley Lane (signposted Tiverton/Huxley/Tattenhall). In 1.4 miles turn left into Bates Mill Lane. Shady Oak is about ¼ mile on left. Park on pub car park.

INJURIES/LOSS OF PROPERTY

Please note that Frodsham Town Council does not accept any responsibility for personal injury or loss of property when attending any of our walks or functions. If it is thought necessary, individuals should take out their own insurance.

Correct footwear should be worn and dogs should be kept on a lead in areas of sheep/cattle.

NHS
Community Care Western Cheshire

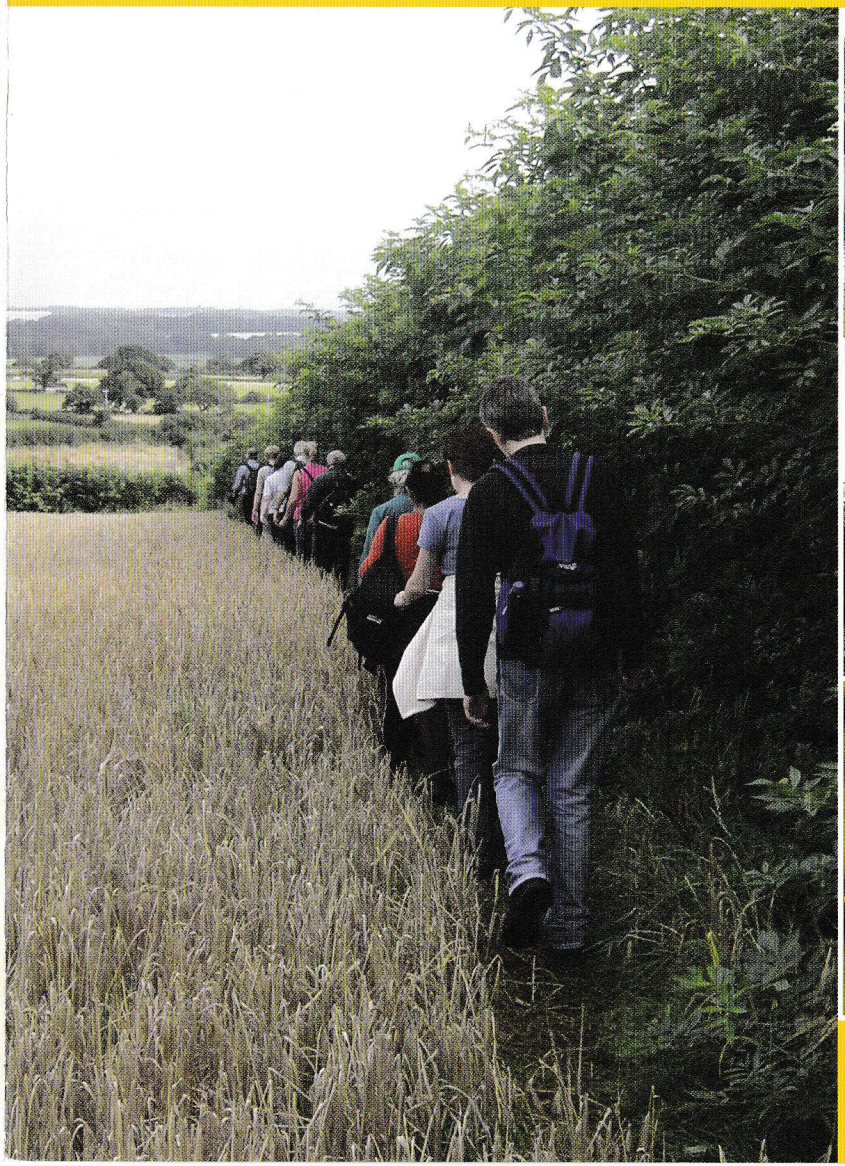
Frodsham Town Council

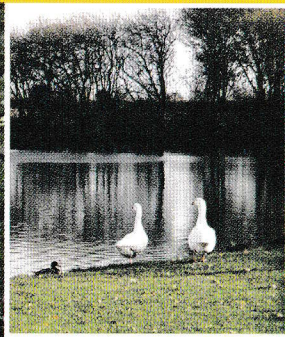
Cheshire West and Chester

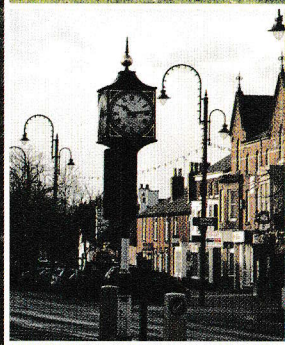
© R Ellison, N Kiernan, Keith Wright, Martin Sadler & Graham Bondi - photographs

Frodsham
Festival Of Walks

Saturday 25 April – Monday 4 May 2009

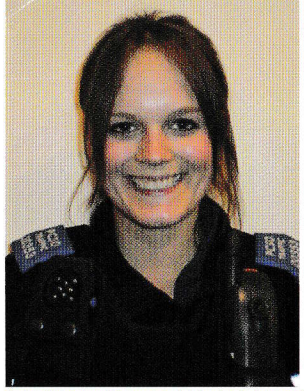








Frodsham Town Council







For starting point locations please see the back page

1 SATURDAY 25 APRIL

Baker Way

Dug Harris - 8.45am
Meeting at Chester Railway Station
A 13 mile (5 hr) walk. We take the train from Chester to Delamere, and walk back along The Baker Way.
Stout walking boots, train fare (£3.90) and packed lunch & drink required.

2 SATURDAY 25 APRIL

Three Quarries

Mike Culverhouse - 2pm
Meeting at Robin Hood Car Park, Helsby
A 2½ mile (2 hr) gentle walk around Helsby Hill to investigate three disused quarries, their industrial history and their wildlife

3 SUNDAY 26 APRIL

Market Town & River Port

Kath Gee - 10am
Meeting at Castle Park Car Park
A 4 mile (3 hr) figure of eight walk around Frodsham taking in many of the historic features and buildings shown on the Octocentenary Poster. Some inclines and a few steps.

4 SUNDAY 26 APRIL

The Edge of Frodsham

Stuart Gardiner - 10am
Meeting at the Stone Bridge
An all day (12 mile) walk around the boundary of the Parish of Frodsham taking in riverside, marshes and some hillsides.
May be muddy, stout footwear and packed lunch required.

5 MONDAY 27 APRIL

The Shape of Things to Come

Claire Keane - 10.30am
Meeting at Castle Park House
A short walk round Castle Park to discuss the new facilities to be provided in the £3.2m regeneration project.

6 TUESDAY 28 APRIL

Walk the Beat

Kay Swindlehurst - 10am
Meeting at Police Station, Ship Street
A 2hr walk with Frodsham's PCSO to learn about community safety successes and current issues.

7 TUESDAY 28 APRIL

Absolute Beginners

Graham Bondi - 6.30pm
Meeting at Forest Hills Car Park
A 3 mile (2 hr) evening walk on the sandstone ridge aimed at those inexperienced in walking or unsure of finding their way around the footpaths of Frodsham.

8 WEDNESDAY 29 APRIL

Walking the Way to Health

Dave Cotterell - 10.30am
Meeting at Castle Park Car Park
A gentle walk lasting approx 1 hr led by an expert from the Specialist Health Promotion Team

9 WEDNESDAY 29 APRIL

Two for Tea!

Graham Bondi - 10am
Meeting at Sutton Fields Driving Range Car Park
An 11 mile (6 hr) walk in the Weaver Valley, concentrating on the northern side taking in a tea room at the start and one en-route. An excellent waterside route with beautiful views. Mainly level with some stiles. Stout boots, refreshments and money for light lunch required.

10 THURSDAY 30 APRIL

Buggy Push

Amanda Rowlands - 10.30am
Meeting at Netherton Hall Car Park
A 2 mile (1½ hr) walk along back roads to the edge of Helsby, observing trains, tractors, farm animals ec. Pleasant views of Frodsham and Helsby Hills.

11 THURSDAY 30 APRIL

Moore Nature Reserve

Brian Webber - 1pm
Meeting at Entrance to Nature Reserve
A 3 mile (2hr) walk with a warden round one of our nearest nature reserves, which is home to some interesting and unusual plants, animals and birds.

12 FRIDAY 1 MAY

Church Walk

Rev'd Michael Mills - 6.30pm
Meeting at Sandstone Trail Marker, Bears Paw
A 2-3 mile (2hr) walk taking in four of the churches in Frodsham with a short talk and reflection at each.

13 SATURDAY 2 MAY

Beyond the Pale

David George - 10am
Meeting at Manley Common
A day's walk (8 miles) using sections of the Longster Trail, Sandstone Trail and the Delamere Way to explore the countryside to the south of Frodsham including the New Pale area of Delamere Forest. Stout walking boots and packed lunch & drink required.

14 SATURDAY 2 MAY

Pub Lunch Walk

Anne Shaw - 10am
Meeting at Kingsley Road end of Bradley Lane
An 8 mile scenic circular walk to the Red Bull public house in Kingsley. May be muddy. Stout shoes and lunch money required. No dogs please.

15 SUNDAY 3 MAY

Sandstone Trail 3

Tony Hinkins - 9.30am
Meeting at the Shady Oak Public House, Tiverton
An all-day walk over the 'humps and bumps' of the Sandstone Trail, as a continuation of previous years' walks. Return by minibus. Booking essential. Stout footwear, lunch and bus fare (approx £2) required.

16 SUNDAY 3 MAY

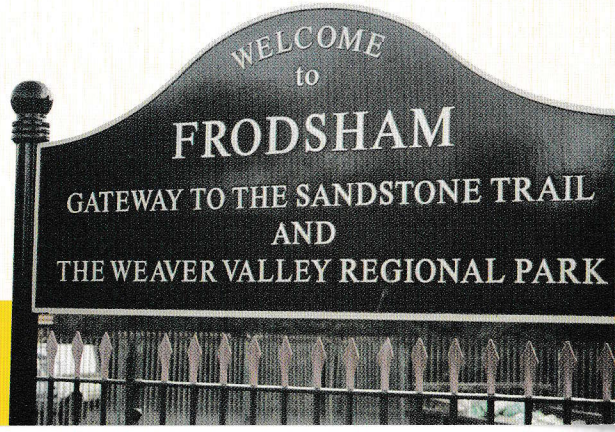
Family Pond Dip

Brian Webber - 2pm
Meeting at Saltworks Farm Car Park
Explore the wetland wildlife of the area with the family. Wellington boots, magnifying glass and plastic tubs are recommended.

17 MONDAY 4 MAY

Red Rock Ramble

Dr Ian Drew - 1.30pm
Meeting at Castle Park Car Park
A 6 mile (3½ hr) town & country walk taking in five geological features, led by a senior university lecturer. Some steps, slopes and uneven ground. Stout walking boots required. No dogs please.



For further details on any of the walks please contact: Anne at Frodsham Town Council **01928 735150**
Out of office hours **07505 576 599** email **council@frodsham.gov.uk**