

For further details about step into Cheshire, other opportunities to explore Cheshire or any extra events registered after the end of July please contact:

Cheshire County Council
Countryside and Rights of Way Unit
Phoenix House
Clough Road
Winsford
Cheshire CW7 4BD
Email: prow@cheshire.gov.uk

Step into Cheshire is organised by Cheshire County Council who would like to thank all the individuals, groups and organisations who have given their time and expertise to produce such an exciting programme.

www.stepintocheshire.org.uk

0845 111 0656

This leaflet is available in large print and other formats, contact 0845 111 0656

CHESHIRE COUNTY COUNCIL Works

step into **cheshire**

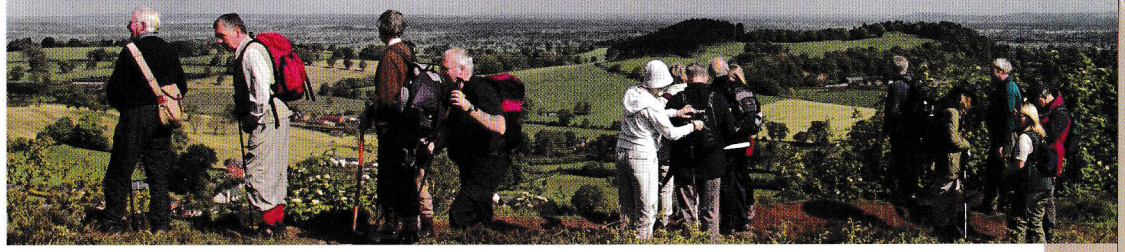


walks, rides and **events** for everyone

17-25 **September 2005**

CHESHIRE COUNTY COUNCIL Works

Welcome to **Step into Cheshire 2005**, a packed programme of events to encourage you to explore Cheshire on foot, by bike or on horseback. Discover more about local geology, history or wildlife in the company of a friendly expert or relax and listen to a virtual guided walk in the comfort of your home.



WHO CAN COME? Everyone is welcome and all the events are free unless stated otherwise, just turn up at the meeting point on the day. Children are welcome on many events but must be accompanied by an adult and remain their responsibility at all times. Dogs may be brought on a lead on some walks, but it is generally better to leave your dog at home. Please check with the walk leader before you go.

WHAT TO WEAR Walking boots or stout shoes are recommended for the walks as some paths may be rough, muddy or steep. You should also bring waterproofs and warm clothing as the weather can change quickly.

WHAT TO BRING Drinks and snacks are always useful and don't forget a packed lunch on the all-day walks. Also pack your sunscreen - just in case!

HOW TO GET THERE Parking may be limited at the start of some walks. For details of public transport please contact Cheshire Traveline on 0870 608 2608.

ACCESS & SAFETY If you have any queries about your ability or fitness for a particular walk or need any further information please contact the leader in advance. Your safety on the events is very important and leaders may refuse to accept anyone who, for example, is inadequately clothed for the conditions.



Wherever you are in Cheshire you are not far from the countryside. River valleys, former railway lines, canals and over 3000km /2000 miles of public rights of way quickly lead you out of town into the surrounding countryside. Cheshire also has fantastic country parks, spectacular historic houses and gardens, major visitor attractions, local craft workshops and plenty of friendly country pubs to tempt you out and about.

For detailed access information on attractions, country parks, gardens and other places of interest in Cheshire visit www.cheshireforall.com

For details of walks, rides and events throughout the year in Cheshire visit www.cheshire.gov.uk/countryside or phone 01606 541801

For details of Cheshire short break offers, events and places to see visit www.visitchester.com

While care will be taken to ensure that you have a safe and enjoyable walk, Cheshire County Council cannot accept responsibility for personal injury or loss of property when attending any of the walks in this programme.

SATURDAY 17 SEPTEMBER

Cheshire Open Studios

An opportunity to visit the studios of professional artists and craftspeople. Discover how they work, ask questions and maybe buy direct from the artist. This is the second weekend of four and artists from the areas around Crewe, Nantwich, Alsager and Congleton will be open to welcome you.

Where: various venues -see website
When: 10.00am - 5.00pm
info@cheshireopenstudios.org.uk
www.cheshireopenstudios.org.uk
Accessibility: info for people with a mobility or visual impairment is on website

Norman Middlewich Festival

Events, displays, walks and talks over the weekend to celebrate Middlewich's Norman heritage.

Where: Harbutt's Field and other venues around the town
When: various times
Contact: Jonathan Williams on 01606 833434
www.middlewich.org.uk
Terrain: variable - ring for details
Further information: ring for information on accessibility of venues

Tegg's Nose from your Armchair

A walk around the top of Tegg's Nose Country Park without leaving home!

Where: your own home! (on your MP3 or CD player)
When: whenever you like
Length/time: about 20 minutes
Contact: Ian Coppack on 01625 614279
www.cheshire.gov.uk/countryside
Terrain: carpet and nice comfy chair with a cup of tea

Step into Cheshire with your own Personal Ranger

Enjoy your own personal guided walk - a brand new idea, for the independent walker.

Where: around Tegg's Nose Country Park on your MP3 player or CD player.
When: whenever and as often as you like
Length/time: about 25 minutes
Contact: Ian Coppack on 01625 614279
www.cheshire.gov.uk/countryside
Terrain: gentle walk on the roof top of Cheshire

A Guide in your Ear....

A guided walk with a difference... We've planned the route, we've collated the information but we don't come with you! Instead you borrow one of our entertaining CD guides (and CD player if required), choose one of the walks from our 'Walks and Wildlife south of Congleton' booklet, press 'play' and off you go.

Where: Astbury Mere Country Park
When: 9.30am onwards
Length/time: 1-4 miles/ 1.5-6km
Contact: Matthew Axford on 01260 297237
Email: astbury@cheshire.gov.uk
Terrain: ring for details
Further information: Booking essential, small charge and deposit for equipment

Rock around Disley

A glimpse into Disley's distant past on this geological jaunt with Alan Bowring. A circular route via Lyme Park and Green Lane.

Where: Meet outside Ram's Head public house, Fountain Square, Disley. OS grid ref SJ 974846
When: 10.00am
Length/time: 7 miles/12km/5 hours
Contact: Alan Bowring on 01606 541825
E-mail: alan.bowring@cheshire.gov.uk
Terrain: variable - some stiles, steep climbs, rough ground
Further information: bring boots, waterproofs, packed lunch but food also available at Lyme Park. Dogs on leads.

Cultmark Canal Festival

Boat gathering, children's activities, refreshments, music and performances, guided tours and canal walks.

Where: Tower Wharf, Chester
When: 12 noon - 5.00pm
Contact: Alison Watson on 01244 402110
www.cultmark.org.uk

SUNDAY 18 SEPTEMBER

Cheshire Open Studios

See Saturday 17 September

Delving into Bickerton's Past

An opportunity to view an archaeological and wildlife display at the village hall and walk up to Maiden Castle.

Where: Bickerton Village Hall
When: 12.00noon - 4pm
Contact: Mike Wellman at the Sandstone Ridge Econet Partnership on 01244 603195

Norman Middlewich Festival

See Saturday 17 September

A Walk around Northwich Community Woodlands

A walk around the Northwich Community Woodlands area with The Ramblers.

Where: Witton Mill Bridge car park, Northwich. OS grid ref: SJ 663747
When: 10.00am
Length/time: 5 miles/8km/ $^1/_2$ day
Contact: Eric Povall on 01606 882371
Terrain: typical field paths with some stiles
Further information: all dogs on leads please

Another World on your Doorstep

Take a new look at Helsby Marshes with Eamonn Ritchie of Helsby Footpaths Society. This walk will look at the history and natural history of this often overlooked area.

Where: Start from Railway Inn, Helsby. OS grid ref: SJ 488757
When: 10.00am
Length/time: 3 miles/4.5km/2 hours
Contact: Mike Culverhouse on 01928 722443
Terrain: Some stiles, steps but mostly flat
Further information: Please ring for further details

Walk along the Weaver Valley - Acton Bridge to Dutton

An easy 4½ mile walk along the Weaver Valley returning along the Trent & Mersey Canal, an area rich in natural beauty and industrial heritage.

Where: BW hardstanding, A49 Acton Bridge. OS grid ref: SJ 601761
When: 10.30 am
Length/time: 4½ miles/6km/2-3 hours
Contact: Neil Collie, Groundwork Macclesfield & Vale Royal on 0161 440 9424
E-mail: neilandpam@compuserve.com
Terrain: One stile to negotiate, otherwise flat walking but ground may be uneven and muddy. Wear stout shoes or boots.

Walk around Overton Hill

Join Nigel Griffiths on a walk including parts of the Sandstone Trail and Delamere Way as well as the War Memorial and Jacob's Ladder

Where: Meeting at Beacon's Hill Car Park, Simons Lane, Frodsham
When: 10.30am
Length/time: 3 miles/5km/ approx 1½ hours
Contact: Frodsham Town Council – 01928 735150
Email: council@frodsham.gov.uk
Terrain: stiles, some rock steps and uneven ground

Teddy Bear's Picnic at Chester Zoo

In conjunction with the Bear Factory. Bring along your own teddy, get a free Calypso fruit drink and get £1 off children's admission to the Zoo. Bring your own picnic.

Where: Ark Restaurant at Chester Zoo
When: anytime between 11.00am - 4.00pm
Contact: Debbie Ledsham on 01244 389462
Email: d.ledsham@chesterzoo.org
www.chesterzoo.org
Terrain: accessible to all
Further information: No dogs.

Memory Walk

Explore Marbury Country Park and Anderton Nature Park as part of National Alzheimers Week of Sponsored Walks. The walk will finish with refreshments back at Marbury.

Where: Marbury Country Park
When: 1.30pm – 4.30pm
Length/time: 5 miles/8km/up to 3hrs
Contact: Sarah Sharp on 01606 351112 for sponsor forms and other details.

A Walk around Little Budworth

A walk around the Rushton and Little Budworth area with The Ramblers.

Where: Oulton Mill car park, Cotebrook OS grid ref: SJ 578650
When: 2.00pm
Length/time: 5 miles/8km/ ½ day
Contact: Eric Povall on 01606 882371
Terrain: typical field paths with some stiles
Further information: all dogs on leads



Minibeasts of the Deep

Pond-dipping session for all. Good fun!

Where: Dipping platform, Crewe Business Park
When: 2.00pm - 4.30pm
Contact: David Coomer on 01270 611610

Frodsham Pond Trail

This walk led by Graham Bondi will take in ancient tracks and field paths passing by nine ponds.

Where: Meeting at the Community Centre, Fluin Lane, Frodsham
When: 2.00pm
Length/time: 6 miles/10km (or just walk a small section) / 2-3 hours
Contact: Frodsham Town Council – 01928 735150
Email: council@frodsham.gov.uk
Terrain: moderate gradients, some stiles

Monday 19 September

Cat & Fiddle Walk

A circular walk around the gritstone edges with lunch at Cat & Fiddle pub

Where: Clough House car park, Wildboarclough. OS grid ref: SJ 987698
When: 10.00am
Length/time: 5 miles/8km/5hrs approx
Contact: 01606 541801
E-mail: mike.taylor@cheshire.gov.uk
Terrain: Open moorland - much rough and uneven ground, steep rocky climbs, stiles
Further information: Booking essential. Stout boots essential - pack yourself warm clothing, waterproofs and drinks. Sorry - no dogs.

Brereton Heath Pram Stroll

A gentle walk around the lake suitable for buggies and pushchairs.

Where: Brereton Heath LNR
When: 10:30am
Distance/duration: 1 mile/1.5km/1 hour
Contact: Jo Danson on 01606 541808
Email: jo.danson@cheshire.gov.uk

Tuesday 20 September

Bollington Boots

A circular walk from Tegg's Nose taking in Lamaload, Rainowlow and White Nancy returning on the Gritstone Trail.

Where: Tegg's Nose Country Park. OS grid ref: SJ 950732
When: a.m. start - please ring for details
Length/time: 7 miles/12km/5hrs approx
Contact: 01270 764773
Terrain: some stiles, steps, steep slopes and uneven ground
Further information: Booking essential - by Friday 16th September. Pack your waterproofs, lunch and a drink. Boots advised. Sorry - no dogs.

Introduction to Landscape Photography

Tips and techniques for beginners. 45 minutes inside then step into the outdoors.

Where: Brereton Heath LNR
When: please ring for details
Length/time: 2hrs (approx)
Contact: Mark Arnold on 01477 534115
Terrain: please ring for details
Further information: Booking essential. Bring your own camera!

Ice Walk 2005

Another chance to enjoy an outing which proved popular in 2004. A look back with Joan Fairhurst and Alan Bowring at Delamere during the Ice Age!

Where: The Yeld car park, Kelsall. OS grid ref: SJ 533692
When: 10.00am
Length/time: 7 miles/11km/5hrs approx
Contact: Alan Bowring on 01606 541825
Terrain: mostly gentle slopes but some rougher, uneven ground, stiles
Further information: No booking required, bring waterproofs, lunch and drinks.

Stepping in & Out of Cheshire

Walk to Dunham via part of the Bollin Valley Way with snippets of local history

Where: Ashley Station, 2 stops S of Altrincham train/bus/Metro station. OS grid ref SJ 773844
When: 10.30am
Length/time: 9 miles/14km/5hrs approx
Contact: Mrs Andy Collins on 01625 534790
E-mail: bollin@cheshire.gov.uk
Terrain: some stiles, steps and uneven ground. Gentle slopes
Further information: No booking required, no charges. No dogs except guide dogs. Pack waterproofs, lunch and drinks - refreshments only available for sale at Dunham Massey.

A Circular Walk Around Haslington

Explore the parish of Haslington on this walk. Discover the local countryside and places of interest such as Slaughter Hill and the magnificent Tudor Haslington Hall.

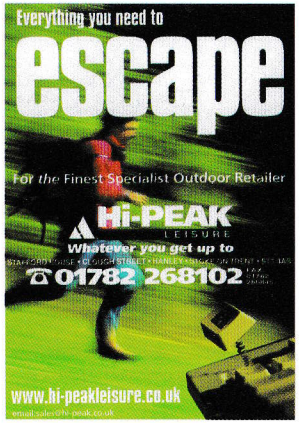
Where: Red Cross Station car-park, Waterloo Road
When: 1.00pm - 4.00pm
Length/time: 4miles/6km /3hrs approx
Contact: David Coomer on 01270 611610
Further information: Places limited so early booking recommended

Wednesday 21 September

Wincle Kickers

A circular walk from Wincle, taking in Shell Brook and Bosley Minn and following a part of the Gritstone Trail.

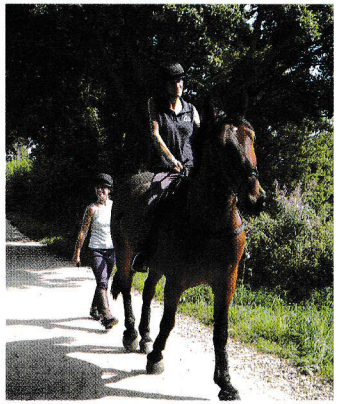
Where: Wincle - please ring for details
When: am start - please ring for details
Length/time: 7 miles/12km/5hrs approx
Contact: 01270 764773
Terrain: some stiles, steps, steep slopes and uneven ground.
Further information: Booking essential - by Friday 16th Sept. Pack your waterproofs, lunch and a drink. Boots advised. Sorry - no dogs.



North Cheshire Riders - get to know your local bridleways

A short guided ride using bridleways.

Where: various local stableyards in Gt Warford, Mobberley & Ollerton areas
When: 10.00am
Length/time: 7 miles/12km/2 hours
Contact: Laureen Roberts on 01565 650529
Terrain: largely off-road but with main road crossings manned
Further information: Booking essential. There is a £10 charge which will include annual membership of North Cheshire Riders. Friends of riders can accompany them on bikes for a donation to North Cheshire Riders bridleways group.



A Walk around Delamere

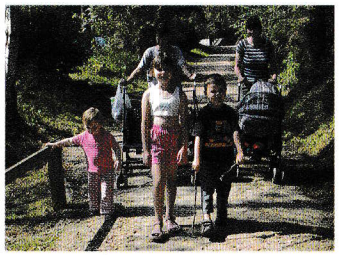
A leisurely circular walk around Delamere Forest area.

Where: Linmere Lodge visitor centre car park. OS grid ref: SJ 545704
When: 10.30 am
Length/time: 8 miles/13km/all day
Contact: Eric Povall on 01606 882371
Terrain: some stiles, steps, steep slopes and uneven ground.
Further information: Pack your waterproofs, lunch and a drink. Dogs on leads please.

A John Douglas Walk

A walk around Sandiway looking at the church and houses designed by the famous Cheshire architect who was born in the village.

Where: St. John's Church, Sandiway (OS grid ref SJ 606711)
When: 10.30am
Length/time: 5 miles/8km/2½ hours
Contact: Marian Harris of Mid Cheshire Footpath Society on 01606 883815
Terrain: some stiles, steep steps
Further information: stout footwear, no dogs, bring snack



Toddler & Pushchair Walk

A walk/push around the lower slopes of the Old Pale at Delamere Forest.

Where: Linmere Lodge Visitor centre. OS grid ref: SJ 547703
When: 12.30pm - 1.30pm
Length/time: 1½ miles/2.5km /1hr approx
Contact: 01606 889792 between 10.00am and 4.00pm
Terrain: mostly flat tracks, some gentle slopes
Further information: Bring snack. No charge. No booking required but ring for details.

Wheels in the Woods

A cycle around the paths in Northwich Community Woodlands.

Where: outside Marbury Country Park rangers office. OS grid ref: SJ 652764
When: 2.00pm
Length/time: 5 miles/8km/1.5hrs approx
Contact: Pete Schofield on 01606 77741
E-mail: marbury@cheshire.gov.uk
Terrain: mostly flat tracks, some gentle slopes
Further information: Bring a bike & helmet! Suitable for families. No booking required. No dogs please.

Neston Town Trail

A circular walk/push around the historic market town of Neston including several rights of way and a section of the Wirral Way.

Where: Wirral Way car park off Station Road/Bridge Street. OS grid ref: SJ 293773
When: 2.00pm
Length/time: 2.5 miles/4km/2hrs approx
Contact: Max Kirby on 0151 327 4827
Terrain: some gentle slopes, varied surfaces
Further information: No charge. No booking required but ring for details. Dogs on leads please.

Thursday 22 September

Shutlingsloe Walk

A circular walk taking in Cheshire's very own 'mini-Matterhorn'. The walk will start from the Crag Inn in Wildboarclough where you can enjoy lunch.

Where: Crag Inn car park. OS grid ref: SJ 982685
When: 10.00am
Length/time: 4 miles/6km/3hrs
Contact: 01606 541801
E-mail: mike.taylor@cheshire.gov.uk
Terrain: Open moorland - rough and uneven ground, steep climbs, stiles
Further information: No charge but booking essential. Stout boots essential - warm clothing, waterproofs. Sorry - no dogs.

In Town without my Car

Short walk out into Riverside Park, Macclesfield for a picnic.

Where: Macclesfield Bus Station, Queen Victoria St off Mill Street. OS grid ref: SJ 917735
When: 12.00 noon
Length/time: 4 miles/7km/2hrs
Contact: Mrs Andy Collins on 01625 534790
E-mail: bollin@cheshire.gov.uk
Terrain: a few stiles, steps & uneven ground but no steep slopes
Further information: please leave dogs, except guide dogs, at home. No booking required, no charges. Bring boots, waterproofs and picnic. Undercover facilities if wet!

Broxton Farm & Wildlife Walk

Enjoy learning how farming and wildlife make good neighbours in one of Cheshire's most attractive corners.

When: All day
Contact: Mike Wellman at the Sandstone Ridge Econet Partnership on 01244 603195

Friday 23 September

Trees - More Than Just Firewood!

A guided walk around Crewe Business Park, discovering the heritage, folklore & superstitions, nomenclature and many uses of trees from Britain's woodlands.

Where: Starting outside the Total Security Office, Electra Way, Crewe Business Park. OS grid ref: SJ 720549
When: 1.00pm - 4.00pm
Contact: David Coomer on 01270 611610
Terrain: flat but ring for details of route
Further information: Very popular walk so book early.

Saturday 24 September

Cheshire Open Studios

An opportunity to visit the studios of professional artists and craftspeople. Discover how they work, ask questions and maybe buy direct from the artist. This is the third weekend of four and artists from the areas around Runcorn, Warrington, Frodsham and Northwich will be open to welcome you.

Where: various venues -see website
When: 10.00am - 5.00pm
E-mail: info@cheshireopenstudios.org.uk
www.cheshireopenstudios.org.uk
Accessibility: info for people with a mobility or visual impairment is on website

Dane Coppice Crafts Group Exhibition and AGM

An exhibition of the group's work.

Where: Brereton Heath Country Park
Contact: Eileen Thompson on 01270 760810

A Guide in your Ear.... (2)

A guided walk with a difference..... We've planned the route, we've collated the information but we don't come with you! Instead you borrow one of our entertaining CD guides (and CD player if required), choose one of the walks from our 'Walks & Wildlife south of Congleton' booklet, press 'play' and off you go. Complete one or all five of the walks on the day (routes range from very easy to challenging).

Where: Astbury Mere Country Park
When: 9.30am onwards
Length/time: 1-4 miles/1.5-6km
Contact: Matthew Axford on 01260 297237
E-mail: astbury@cheshire.gov.uk
www.cheshire.gov.uk/countryside
Further information: Booking essential, small charge & deposit for equipment

A Feast of Trees at Foxhill

Enjoy an arboreal treat at this peaceful spot between Frodsham and Helsby.

Where: Foxhill Arboretum, Frodsham. OS grid ref: SJ 507754
Length/time: 1 mile/1.5km
When: 10.00am - 4.00pm
Contact: Mike Wellman at the Sandstone Econet Partnership on 01244 603195

Open Day at St Mary's Church, Nether Alderley

Visit this historic church opposite the old mill at Nether Alderley. The Stanley Pew and Mausoleum will be open.

Where: St Mary's Church & parish hall, Nether Alderley. OS grid ref: SJ 842761
When: 10.00am until 5.00pm
Contact: Jenny on 01625 585226
Accessibility: fully accessible, wheelchair available
Further information: Light refreshments will be available in the parish hall. Parking available. The National Trust will be opening up Nether Alderley Mill on the day.

Salt Line Saunter

Take a gentle stroll with ranger Alistair Wright along the Salt Line between Alsager and Sandbach looking at local wildlife.

Where: Salt Line car park. OS grid ref: SJ 775583
When: 10.00am
Length/time: 3 miles/8km/2 hours
Contact: phone 01270 768835
Terrain: flat, wheelchair-friendly
Further information: well-behaved dogs only please

Woodland Walk - Ancient Woodland and an Iron Age Hill Fort

Join Matt Buckland (Asst Woodland Officer) on a figure of 8 walk through 3 Trust woodlands and parts of the Sandstone Trail. See Woodhouse Hill fort and ancient woodland, Jacobs Ladder and experience great views from the war memorial at Frodsham Hill.

Where: Shepherd's Houses lane off Manley Rd (OS grid ref 516755)
Start: 10.00am
Length/time: about 4 miles/7km/2hrs
Contact: 01606 853725 or MatthewBuckland@woodland-trust.org.uk
Terrain: some steps, steep climbs, rough ground
Further information: booking essential. Please park down lane & don't block entrances

Into the Mire

A morning visit to Cheshire's unique floating bog in the company of an officer from English Nature.

Where: Wybunbury old church tower. OS grid ref: SJ 699498
When: 11.00am
Length/time: 1½ miles/2.5km/2 hours
Contact: Tim Coleshaw on 01743 282000
E-mail: tim.coleshaw@english-nature.org.uk
Terrain/accessibility: some uneven and boggy ground
Further information: Booking essential. Wear walking boots or wellingtons.

Deserts & Icecaps

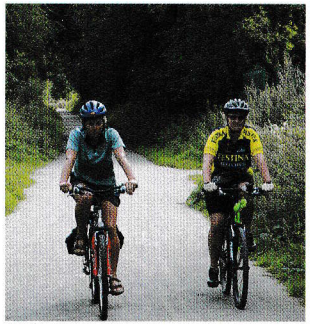
A walk back into Frodsham's distant geological past when Cheshire was a very different place!

Where: Forest Hills Hotel car park, Frodsham
When: 2.00pm–5.00pm
Length/time: 3miles/5km/3hrs
Contact: Alan Bowring on 01606 541825
E-mail: alan.bowring@cheshire.gov.uk
Terrain: stiles, rock steps & uneven ground

Sunday 25 September

Cheshire Open Studios

See Saturday 24 September



Signals and Saltmarsh

A circular guided cycle ride through Burton, Ness and Parkgate

Where: Wirral Country Park
When: ring for details
Length/time: 12miles/19km/2-3hrs
Contact: Saul Burton on 0151 327 5145
www.cheshire.gov.uk/countryside
Terrain: quiet roads and traffic free cycle track
Further information: Booking essential. Ring for information on suitability for handbikes



Nature's Bounty

A morning walk along the Biddulph Valley Way and into Dane-in-Shaw meadows looking for wild foods, plus a chance to taste a few 'I made earlier'!

Where: Biddulph Valley Way
When: ring for time
Length/time: 2½miles/4km/2 hours
Contact: Cal Sherratt on 01260 297 237
www.cheshire.gov.uk/countryside
Terrain: some stiles, steps
Further information: Booking essential, well-behaved dogs welcome

Folklore of Trees

A guided walk around Stanney Woods looking at different trees and some of the myths and legends that surround them.

Where: Stanney Woods, Ellesmere Port
When: ring for details
Length/time: ring for details
Contact: Justin Dyke on 0151 357 199
www.cheshire.gov.uk/countryside
Terrain: flat
Further information: Booking essential

Vale Royal Round Sponsored Walk

Why not raise money for the Mayor's charity - Cancer Research UK? An arduous though fairly level walk around Vale Royal, taking in the Weaver Valley, Anderton Boat Lift and Lion Saltworks, before returning along the Whitegate Way and Sandstone Trail.

Where: Meeting at Frodsham Station car park. OS grid ref: SJ 518778
When: 6.00am
Duration/distance: 34 miles/ 54km/12 hours
Contact: Frodsham Town Council on 01928 735150
E-mail: council@frodsham.gov.uk
Terrain: steps, stiles, fairly level apart from Frodsham Hill
Further information: walk leader - Nigel Griffiths

A Walk around Whitegate

A walk around the Whitegate, Marton and Newchurch area with The Ramblers.

Where: Kennel Lane, Sandiway 14 mile west of Blue Cap. OS grid ref: SJ 602704
When: 10.00am
Length/time: 5 miles/8km/½ day
Contact: Eric Povall on 01606 882371
Terrain: field paths with some stiles
Further information: all dogs on leads

Walking Treasure Hunt

A Walking Treasure Hunt using local footpaths and side roads followed by a 'Bring-you-own Picnic'

Where: Church House Farm, next to Bear's Paw pub, Warmingham. OS grid ref: SJ 708612
When: 10.30am onwards
Distance: 4-5 miles/6-8km (approx)
Contact: Naomi Higson, Warmingham Parish Council on 01270 526231
Terrain: field paths, quiet roads, some rough ground
Further information: Booking required. Marquee provided at Church House Farm in case of wet weather - bring your own food. Boots advised. Dogs on leads only.

A Walk around Mobberley

A walk around the Mobberley area with The Ramblers.

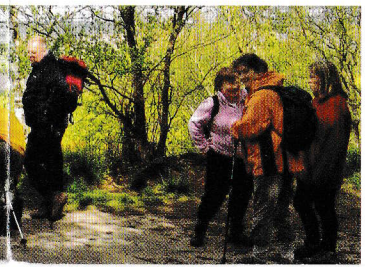
Where: Mobberley church layby. OS grid ref: SJ 791802
When: 2.00pm
Length/time: 5 miles/8km/½ day
Contact: Eric Povall on 01606 882371
Terrain: field paths with some stiles
Further information: all dogs on leads

Geocaching

Four new geocaches on countryside sites across the county to encourage people to explore Cheshire's countryside with the bonus of treasure at the end!

Where: various locations
www.geocaching.com







Walk along the Weaver Valley - Acton Bridge to Dutton

An easy 4½ mile walk along the Weaver Valley returning along the Trent & Mersey Canal, an area rich in natural beauty and industrial heritage.

Where: BW hardstanding, A49 Acton Bridge. OS grid ref: SJ 601761
When: 10.30 am
Length/time: 4½ miles/6km/2-3 hours
Contact: Neil Collie, Groundwork Macclesfield & Vale Royal on 0161 440 9424
E-mail: neilandpam@compuserve.com
Terrain: One stile to negotiate, otherwise flat walking but ground may be uneven and muddy. Wear stout shoes or boots.

Walk around Overton Hill

Join Nigel Griffiths on a walk including parts of the Sandstone Trail and Delamere Way as well as the War Memorial and Jacob's Ladder

Where: Meeting at Beacon's Hill Car Park, Simons Lane, Frodsham
When: 10.30am
Length/time: 3 miles/5km/ approx 1½ hours
Contact: Frodsham Town Council – 01928 735150
Email: council@frodsham.gov.uk
Terrain: stiles, some rock steps and uneven ground

Teddy Bear's Picnic at Chester Zoo

In conjunction with the Bear Factory. Bring along your own teddy, get a free Calypso fruit drink and get £1 off children's admission to the Zoo. Bring your own picnic.

Where: Ark Restaurant at Chester Zoo
When: anytime between 11.00am - 4.00pm
Contact: Debbie Ledsham on 01244 389462
Email: d.ledsham@chesterzoo.org
www.chesterzoo.org
Terrain: accessible to all
Further information: No dogs.

Memory Walk

Explore Marbury Country Park and Anderton Nature Park as part of National Alzheimers Week of Sponsored Walks. The walk will finish with refreshments back at Marbury.

Where: Marbury Country Park
When: 1.30pm – 4.30pm
Length/time: 5 miles/8km/up to 3hrs
Contact: Sarah Sharp on 01606 351112 for sponsor forms and other details.

A Walk around Little Budworth

A walk around the Rushton and Little Budworth area with The Ramblers.

Where: Oulton Mill car park, Cotebrook OS grid ref: SJ 578650
When: 2.00pm
Length/time: 5 miles/8km/ ½ day
Contact: Eric Povall on 01606 882371
Terrain: typical field paths with some stiles
Further information: all dogs on leads



Minibeasts of the Deep

Pond-dipping session for all. Good fun!

Where: Dipping platform, Crewe Business Park
When: 2.00pm - 4.30pm
Contact: David Coomer on 01270 611610

Frodsham Pond Trail

This walk led by Graham Bondi will take in ancient tracks and field paths passing by nine ponds.

Where: Meeting at the Community Centre, Fluin Lane, Frodsham
When: 2.00pm
Length/time: 6 miles/10km (or just walk a small section) / 2-3 hours
Contact: Frodsham Town Council – 01928 735150
Email: council@frodsham.gov.uk
Terrain: moderate gradients, some stiles

Monday 19 September

Cat & Fiddle Walk

A circular walk around the gritstone edges with lunch at Cat & Fiddle pub

Where: Clough House car park, Wildboarclough. OS grid ref: SJ 987698
When: 10.00am
Length/time: 5 miles/8km/5hrs approx
Contact: 01606 541801
E-mail: mike.taylor@cheshire.gov.uk
Terrain: Open moorland - much rough and uneven ground, steep rocky climbs, stiles
Further information: Booking essential. Stout boots essential - pack yourself warm clothing, waterproofs and drinks. Sorry - no dogs.

Brereton Heath Pram Stroll

A gentle walk around the lake suitable for buggies and pushchairs.

Where: Brereton Heath LNR
When: 10:30am
Distance/duration: 1 mile/1.5km/1 hour
Contact: Jo Danson on 01606 541808
Email: jo.danson@cheshire.gov.uk

Tuesday 20 September

Bollington Boots

A circular walk from Tegg's Nose taking in Lamaload, Rainowlow and White Nancy returning on the Gritstone Trail.

Where: Tegg's Nose Country Park. OS grid ref: SJ 950732
When: a.m. start - please ring for details
Length/time: 7 miles/12km/5hrs approx
Contact: 01270 764773
Terrain: some stiles, steps, steep slopes and uneven ground
Further information: Booking essential - by Friday 16th September. Pack your waterproofs, lunch and a drink. Boots advised. Sorry - no dogs.

Introduction to Landscape Photography

Tips and techniques for beginners. 45 minutes inside then step into the outdoors.

Where: Brereton Heath LNR
When: please ring for details
Length/time: 2hrs (approx)
Contact: Mark Arnold on 01477 534115
Terrain: please ring for details
Further information: Booking essential. Bring your own camera!

Ice Walk 2005

Another chance to enjoy an outing which proved popular in 2004. A look back with Joan Fairhurst and Alan Bowring at Delamere during the Ice Age!

Where: The Yeld car park, Kelsall. OS grid ref: SJ 533692
When: 10.00am
Length/time: 7 miles/11km/5hrs approx
Contact: Alan Bowring on 01606 541825
Terrain: mostly gentle slopes but some rougher, uneven ground, stiles
Further information: No booking required, bring waterproofs, lunch and drinks.

Stepping in & Out of Cheshire

Walk to Dunham via part of the Bollin Valley Way with snippets of local history

Where: Ashley Station, 2 stops S of Altrincham train/bus/Metro station. OS grid ref SJ 773844
When: 10.30am
Length/time: 9 miles/14km/5hrs approx
Contact: Mrs Andy Collins on 01625 534790
E-mail: bollin@cheshire.gov.uk
Terrain: some stiles, steps and uneven ground. Gentle slopes
Further information: No booking required, no charges. No dogs except guide dogs. Pack waterproofs, lunch and drinks - refreshments only available for sale at Dunham Massey.

A Circular Walk Around Haslington

Explore the parish of Haslington on this walk. Discover the local countryside and places of interest such as Slaughter Hill and the magnificent Tudor Haslington Hall.

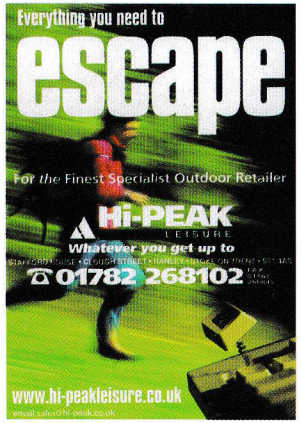
Where: Red Cross Station car-park, Waterloo Road
When: 1.00pm - 4.00pm
Length/time: 4miles/6km /3hrs approx
Contact: David Coomer on 01270 611610
Further information: Places limited so early booking recommended

Wednesday 21 September

Wincle Kickers

A circular walk from Wincle, taking in Shell Brook and Bosley Minn and following a part of the Gritstone Trail.

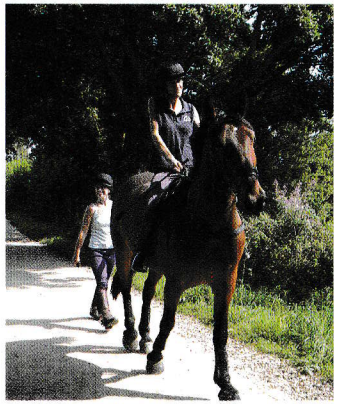
Where: Wincle - please ring for details
When: am start - please ring for details
Length/time: 7 miles/12km/5hrs approx
Contact: 01270 764773
Terrain: some stiles, steps, steep slopes and uneven ground.
Further information: Booking essential - by Friday 16th Sept. Pack your waterproofs, lunch and a drink. Boots advised. Sorry - no dogs.



North Cheshire Riders - get to know your local bridleways

A short guided ride using bridleways.

Where: various local stableyards in Gt Warford, Mobberley & Ollerton areas
When: 10.00am
Length/time: 7 miles/12km/2 hours
Contact: Laureen Roberts on 01565 650529
Terrain: largely off-road but with main road crossings manned
Further information: Booking essential. There is a £10 charge which will include annual membership of North Cheshire Riders. Friends of riders can accompany them on bikes for a donation to North Cheshire Riders bridleways group.



A Walk around Delamere

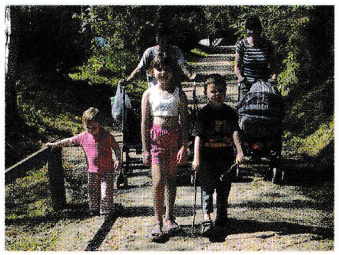
A leisurely circular walk around Delamere Forest area.

Where: Linmere Lodge visitor centre car park. OS grid ref: SJ 545704
When: 10.30 am
Length/time: 8 miles/13km/all day
Contact: Eric Povall on 01606 882371
Terrain: some stiles, steps, steep slopes and uneven ground.
Further information: Pack your waterproofs, lunch and a drink. Dogs on leads please.

A John Douglas Walk

A walk around Sandiway looking at the church and houses designed by the famous Cheshire architect who was born in the village.

Where: St. John's Church, Sandiway (OS grid ref SJ 606711)
When: 10.30am
Length/time: 5 miles/8km/2½ hours
Contact: Marian Harris of Mid Cheshire Footpath Society on 01606 883815
Terrain: some stiles, steep steps
Further information: stout footwear, no dogs, bring snack



Toddler & Pushchair Walk

A walk/push around the lower slopes of the Old Pale at Delamere Forest.

Where: Linmere Lodge Visitor centre. OS grid ref: SJ 547703
When: 12.30pm - 1.30pm
Length/time: 1½ miles/2.5km /1hr approx
Contact: 01606 889792 between 10.00am and 4.00pm
Terrain: mostly flat tracks, some gentle slopes
Further information: Bring snack. No charge. No booking required but ring for details.

Wheels in the Woods

A cycle around the paths in Northwich Community Woodlands.

Where: outside Marbury Country Park rangers office. OS grid ref: SJ 652764
When: 2.00pm
Length/time: 5 miles/8km/1.5hrs approx
Contact: Pete Schofield on 01606 77741
E-mail: marbury@cheshire.gov.uk
Terrain: mostly flat tracks, some gentle slopes
Further information: Bring a bike & helmet! Suitable for families. No booking required. No dogs please.

Neston Town Trail

A circular walk/push around the historic market town of Neston including several rights of way and a section of the Wirral Way.

Where: Wirral Way car park off Station Road/Bridge Street. OS grid ref: SJ 293773
When: 2.00pm
Length/time: 2.5 miles/4km/2hrs approx
Contact: Max Kirby on 0151 327 4827
Terrain: some gentle slopes, varied surfaces
Further information: No charge. No booking required but ring for details. Dogs on leads please.

Thursday 22 September

Shutlingsloe Walk

A circular walk taking in Cheshire's very own 'mini-Matterhorn'. The walk will start from the Crag Inn in Wildboarclough where you can enjoy lunch.