FRODSHAM FESTIVAL OF WALKS 24th April - 3rd May 2004

SATURDAY 24TH APRIL - 3RD MAY 'Overton by Numbers'
A self-guided, level walk around the Overton area. A leaflet with picture clues will be available from the Town Council office, Overton's local shops and pubs. Choose your own time and pace, fill in the answers and you might win a prize.

1 **SATURDAY 24TH APRIL* 'Walk around Overton Hill' (Nigel Griffiths) 10.30am**
Meeting at Beacon Hill car park, Simons Lane. A 3-mile walk to take in parts of the Sandstone Trail, the Delamere Way as well as the War Memorial and Jacob's Ladder, lasting around one and a half hours.

2 **SUNDAY 25TH APRIL* 'Pond Trail' (Graham Bondi) 2pm**
Meeting at Community Centre, Fluin Lane. A 6-mile walk (2-3hours), or just walk a small section, taking in ancient tracks and field paths passing by nine ponds.

3 **MONDAY 26TH APRIL 'Pram Push' (Morag Ball) 1.30pm**
Meeting in Castle Park car park. A stroll around Castle Park lasting about an hour, with other mothers, fathers and babies. Refreshments will be provided at the Arts Centre Cafe.

4 **TUESDAY 27TH APRIL* 'Woodland Trust' (Joe Beswick) 2pm**
Meeting at Forest Hills car park. Covering Woodhouse Hill and Snidley Moor areas.

5 **WEDNESDAY 28TH APRIL* 'It's Sensational' (Ann Gardiner) 2pm**
Meeting at top of Junction of Langdale Way/Townfield Lane. A circular walk through Hob Hey Wood using all your senses, lasting 1-2 hours. This walk is not suitable for people with mobility problems as there are steps, steep slopes and uneven ground, which is slippery if wet.

6 **WEDNESDAY 28TH APRIL 'History Trail' (Graham Bondi) 7pm**
Meeting at Eddisbury Square. This short walk will look back at the history of Frodsham through its surviving old buildings. High Street, Main Street, Castle Park and Church Street will be covered. If time and weather permit, Overton and the parish church of St. Laurence will be included. Recent topics like the Heritage Economic Regeneration Scheme (HERS) and the future of the station building will also be highlighted. Expect the walk to last at least an hour.

7 **THURSDAY 29TH APRIL* 'River Walk' (Stuart Gardiner) 10am**
Meeting at Bridge Inn, Quayside. Ten miles, may be muddy so boots recommended (bring your own lunch) the walk will go upstream via Aston estates to Dutton Locks, returning on the Frodsham side via Boden's Lock, with some insights into the history of the Weaver Navigation.

8 **THURSDAY 29TH APRIL 'Tree Trail' (Tom Blundell) 2pm**
Meeting at the Courtyard, Castle Park Arts Centre. Easy walking throughout Castle Park. Suitable for people with mobility problems - no steps.

9 **FRIDAY 30TH APRIL* 'Lordship Marshes' (Joe Beswick) 2pm**
Meeting at start of Motorway Bridge, Marsh Lane. Easy walking, for 4-5 miles.

10 **SATURDAY 1ST MAY* 'Vale Royal Round' (Nigel Griffiths) 6am**
Meeting at Station car park. An arduous, though fairly level, 35 mile walk around Vale Royal, taking in the Weaver Valley, Anderton Lift and Salt Works, returning along the Whitegate Way and Sandstone Trail. Approximately 12 hours at a brisk pace. Packed lunch a necessity, plus plenty of fluids.

11 **SUNDAY 2ND MAY* 'Nature Trail' (Andy Harmer) 2pm**
Meet at Salt Works Farm, Ship Street. Taking a look at some pools, vegetation and wildlife in surrounding areas.

***STOUT WALKING BOOTS/SHOES ARE RECOMMENDED FOR THESE WALKS**

FOR FURTHER DETAILS PLEASE CONTACT FRODSHAM TOWN COUNCIL 01928 735150

Frodsham Festival of Walks Map - starting points

